UPCOMING RETREATS

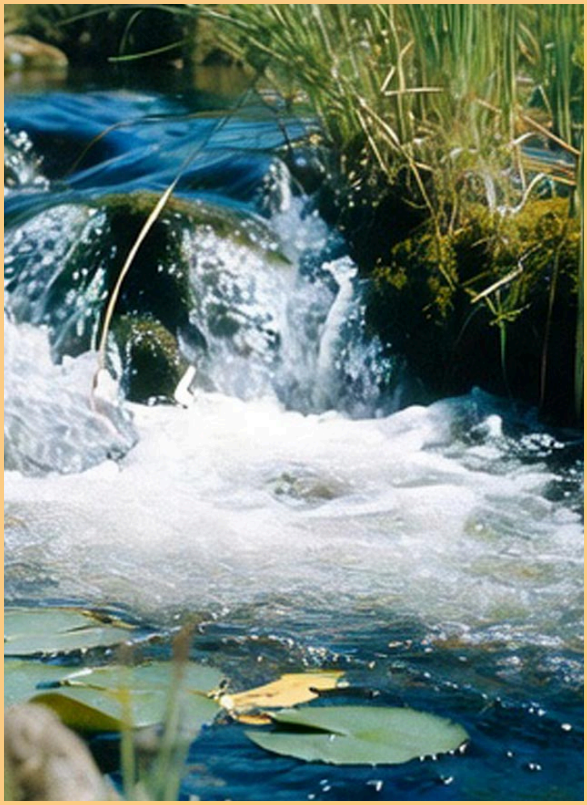
Online Workshop on Gandharva Veda Music Therapy hosted from the Dome



Sunday 27th September

This workshop introduces participants to the profound science of Gandharva Veda Music Therapy, a traditional system of sound and music rooted in the Vedic tradition.

The sessions are designed to be deeply experiential, allowing participants to not only understand but also feel the therapeutic impact of sound.



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MEDITATORS COURSE Thursday 1st — Saturday 10th October Mojácar, Spain.



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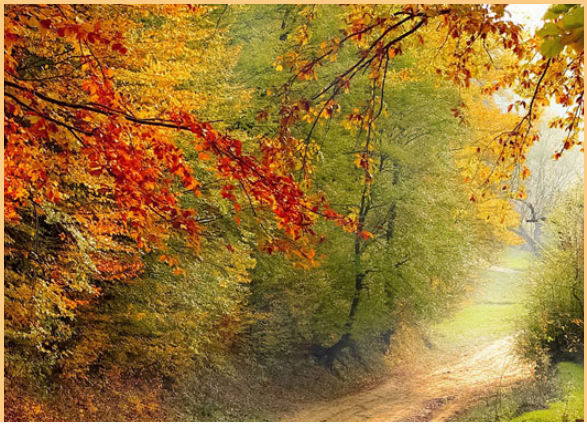
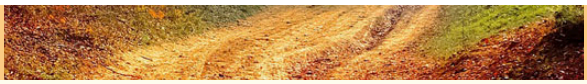
Early bird pricing extended until 31st July, starting from €945. Just €250 deposit required before 31st July.

'Absolutely transformational experience! I'm still feeling a blissful high a week later and can't wait for the next one!'

MEDITATORS' ONLINE HALF DAY COURSE



Sunday 25



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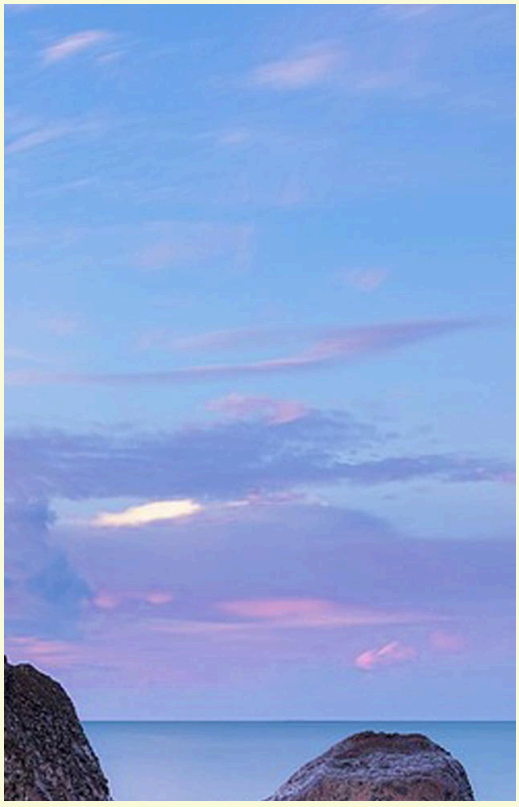
relaxation. Connect with other Meditators from around the country and enjoy Meditation and Knowledge.

The fee is £25 when the members discount code is applied.

ADVANCED TECHNIQUES OF TRANSCENDENTAL MEDITATION

Wednesday 11 – Thursday 12 November
OR Saturday 14 – Sunday 15 November

Simple techniques that enrich and deepen your experience of Transcendental Meditation



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"The purpose of Advanced

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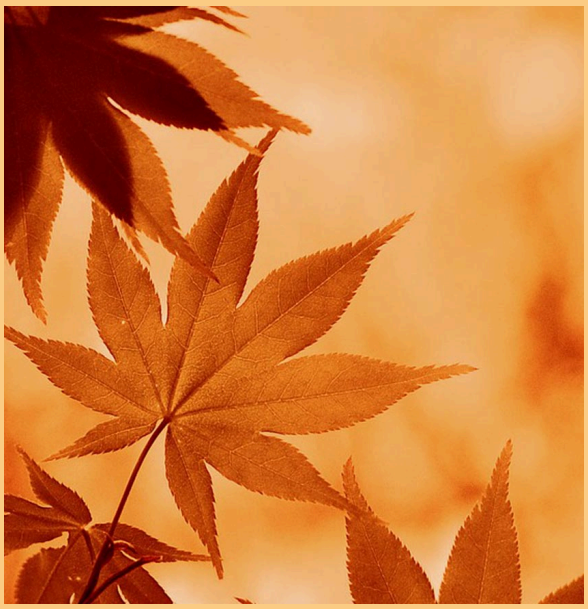
achievement and fulfilment in life, take advantage of this beautiful programme of Advanced Techniques to enrich the development of higher states of consciousness." — Maharishi

FULL DAY MEDITATORS' RETREAT Sunday 22 November



Enjoy a revitalising day in the Maharishi Dome.

SPECIAL PRICE £60 including lunch
You are warmly invited to the Maharishi Dome this Autumn to enjoy the peace and tranquillity of a full day of relaxation.

£10 off the fee when Members apply the discount code.

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GALLERY OF PAST COURSES

Thank you to David and Claire for hosting this beautiful group of meditators for the Ayurveda, the ancient Indian science of life and holistic health retreat — with support from Christine Curtis and Leesha Gaffney.

“Found the course very informative and lots of things to put into practice to make my meditation more effective and to improve my wellbeing” — AHA

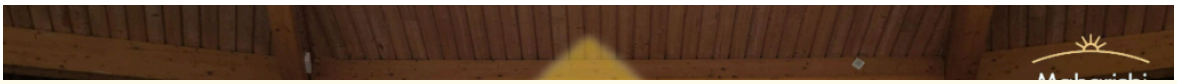
“A day course at the Dome is a wonderful way to rest, restore and reconnect with yourself, others and consciousness. Highly recommend regularly attending” — AH

“This is my fourth day retreat now and it never fails to satisfy”

“The one day retreats are a fantastic way to reconnect and reset” — GR

“A very good day, great atmosphere, great care taken in the organisation, food and venue. Thank you” — HM

“Such a gift to have time to bathe in the Dome’s unique tranquillity. I’ll carry the peace with me”



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Click **HERE** to visit the Maharishi Dome website.

Conditions

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UK

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Maharishi Foundation*, registered educational charity 270157 (England & Wales) SC041919 (Scotland), owns the Maharishi* Dome and runs all of the courses and programmes in Transcendental Meditation*, the Advance Techniques of Transcendental Meditation* and the TM-Sidhi Programme*.