



Course timings and Options

Residential Courses

Begin at 8:00pm on arrival day, and finish at 4:00pm on the last day.

Meals and accommodation

There is some flexibility on our courses. With the World Peace Assemblies, course participants are provided with lunch and supper, and there are options for accommodation. With the Invincible Europe Assembly, you can choose from accommodation options as well as meal options.

Book online

www.maharishidome.org.uk

courses@maharishidome.org.uk | 01695 51617

Maharishi Dome, Woodley Park Road, Skelmersdale, Lancashire WN8 6UQ

Maharishi Foundation*, registered educational charity 270157 (England & Wales) SC041919 (Scotland), owns the Maharishi* Dome and runs all of the courses and programmes in Transcendental Meditation*, the Advanced Techniques of Transcendental Meditation* and the TM-Sidhi Programme*. © 2023 Maharishi Foundation



Courses For Sidhas 2024

www.maharishidome.org.uk





2 - 5 DAY RETREATS

MARCH 28 - APRIL 2

AUGUST 23 - 28

DECEMBER 28 - JANUARY 2

These retreats, known as World Peace Assemblies (WPA), include a repeated sequence of yoga asanas, pranayama and a period of Transcendental Meditation and the TM-Sidhi Programme, including Yogic Flying.

2 - WEEK RETREATS

APRIL 5 - 19

AUGUST 9 - 23

DECEMBER 6 - 20

These longer retreats, known as Invincible Europe Assemblies (IEA), offer a programme of rounding developed under the guidance of Maharishi, and include his recorded commentaries on the experiences of participants on the original Invincible America Assembly in 2006. Maharishi's Apaurusheya Bhasya are also included.

TM-SIDHI REFRESHER

MAY 24 - 26

Designed by Maharishi to refresh and re-enliven our TM-Sidhi Programme practice. This invaluable reminder of the beautifully simple yet profound original instructions of Maharishi, is run by TM-Sidhi administrators, Richard and Sue Johnson.

ADVANCED TM TECHNIQUES

MAY 8 - 12

NOVEMBER 13 - 17

Advanced Techniques of Transcendental Meditation are taught by a specialist teacher over two days.

Four Advanced Techniques are available from our UK based teachers.